

ESSENTIAL OIL DILUTION CHART

<i>Essential Oil Dilution Chart For Topical Application</i>					
DILUTION IN CARRIER	0.5%	1%	2%	3%	5%
1 TSP (5ML 1/6 OZ.) CARRIER		1 DROP	2 DROPS	3 DROPS	5 DROPS
2 TSP (10ML 1/3 OZ.) CARRIER	1 DROP	2 DROPS	4 DROPS	6 DROPS	10 DROPS
3 TSP (15ML 1/2 OZ.) CARRIER		3 DROPS	6 DROPS	9 DROPS	15 DROPS
4 TSP (20ML 2/3 OZ.) CARRIER	2 DROPS	4 DROPS	8 DROPS	12 DROPS	20 DROPS
5 TSP (25ML 5/6 OZ.) CARRIER		5 DROPS	10 DROPS	15 DROPS	25 DROPS
6 TSP (30ML 1 OZ.) CARRIER	3 DROPS	6 DROPS	12 DROPS	18 DROPS	30 DROPS

DILUTION	INDICATED FOR
0.50%	INFANTS (3-24 MONTHS), COMPROMISED IMMUNE SYSTEM.
1%	CHILDREN (2-6 YEARS), PREGNANCY, SENSITIVE SKIN, ELDERLY INDIVIDUALS, DAILY FACIAL SKINCARE.
2%	CHILDREN (6+ YEARS), IDEAL FOR MOST ADULTS IN MOST SITUATIONS. ALSO GOOD FOR DAILY BODY CARE.
3%	BEST USED SHORT TERM FOR TEMPORARY HEALTH ISSUES SUCH AS MUSCLE INJURY, RESPIRATORY CONDITION AND TREATMENT MASSAGE OILS.
5%	STRONGER DILUTION FOR TREATMENT MASSAGE, LOCALIZED TREATMENT WORK, WOUND HEALING, SALVES. SHORT-TERM USE.